

EMEA COLLEGE OF ARTS AND SCIENCE, KONDOTTY DEPARTMENT OF BUSINESS ADMINISTRATION

PROGRAM REPORT ON:

SESSION ON LIFE SKILL: BASIC LIFE SUPPORT AND COMMON EMERGENCIES

18TH AUGUST 2023

INTRODUCTION

Basic Life Support, or BLS, generally refers to the type of care that first-responders, healthcare providers and public safety professionals provide to anyone who is experiencing cardiac arrest, respiratory distress or an obstructed airway. It requires knowledge and skills in cardiopulmonary resuscitation (CPR), using automated external defibrillators (AED) and relieving airway obstructions in patients of every age.

Basic Life Support (BLS) is performed to support the patient's circulation and respiration through the use of cardiopulmonary resuscitation (CPR) until advanced life support arrives. Victims who have had early and correct BLS intervention will be better oxygenated and are more likely to respond to advanced techniques to revive them, thereby increasing their chance of survival.

BLS is the core of any resuscitation attempt, key elements include:

- Prompt recognition of cardiac arrest
- Call for urgent medical assistance
- Early effective CPR with an emphasis on minimal disruptions to compressions
- Early defibrillation
- Early advanced life support
- Integrated post-cardiac arrest care

SESSION ON LIFE SKILL: BASIC LIFE SUPPORT AND COMMON EMERGENCIES 18 AUGUST 2023, 10.00 AM, BBA HALL PROGRAMME SCHEDULE

WELCOME SPEECH : SHAHLA SHEREEN

PRESIDENTIAL ADDRESS: HANAA MOOSA KOYA (Assistant Professor)

INAGURATION : ASIF. N (HOD)

FELICITATION : SHIJIL .C (Assistant Professor)

VOTE OF THANKS : ASLAM CC

AN OVERVIEW:

On 18th August 2023, 10:00 AM a team led by Dr. Honey, Senior of Emergency department of ASTER MIMS, KOTTAKKAL visited the department. And they provided a session on "BASIC LIFE SUPPORT AND COMMON EMERGENCIES". 61 students attended the programme. It was really informative and beneficial for students.

PHOTO GALLERY









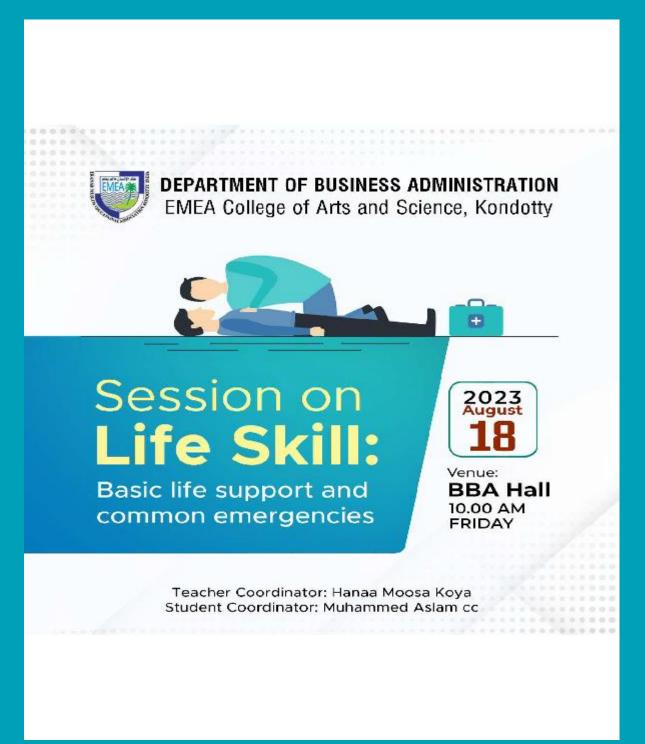






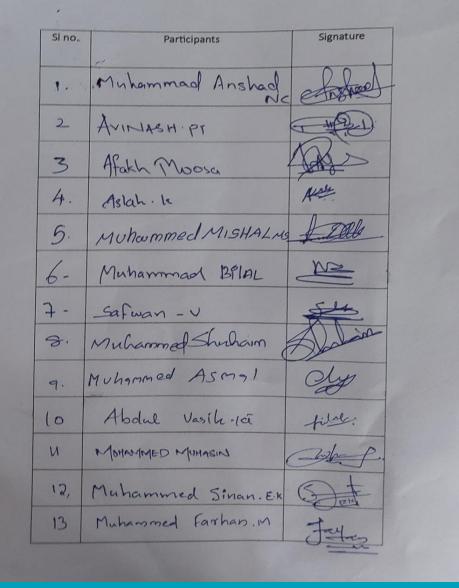


SUPPORTING DOCUMENT



DEPARTMENT OF BUSINESS ADMINISTRATION LIFE SKILL SESSION: "Basic Life Support and Common Emergencies"

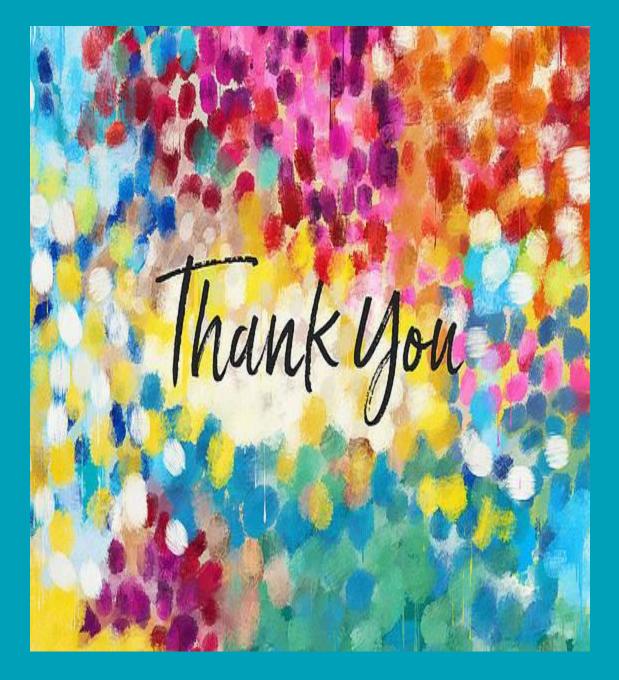
On 18th August 2023



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REPORT ON INVITED LECTURE CHEMISTRY OF EMOTIONS

ORGANIZED BY DEPARTMENT OF BIOCHEMISTRY E.M.E.A. COLLEGE OF ARTS AND SCIENCE

28 NOVEMBER 2023



DEPARTMENT OF BIOCHEMISTRY

EMEA COLLEGE OF ARTS AND SCIENCE, KONDOTTY

(Re-accredited with ' A' Grade by NAAC)

LIFE SKILL SERIES

CHEMISTRY OF EMOTIONS



Resource Person: Dr. Mohammed Rafeeq APM

(Professor in Zoology (Retd.) Malabar Christian College)



BIOCHEMISTRY ASSOCIATION

The Department of Biochemistry organized a captivating lecture on the "Chemistry of Emotions," featuring Dr. Mohammed Rafeeq APM, a distinguished retired professor in Zoology from Malabar Christian College as the resource person. The lecture was held at Audio Visual Theatre on 28 November 2023 at 10 a.m.

The lecture delved into the intersection of biochemistry and emotions, providing valuable insights into the physiological underpinnings of human feelings.

The intricate relationship between biochemistry and emotions has been a subject of growing interest in scientific communities. The Department of Biochemistry's initiative to explore this fascinating connection through an invited lecture proved to be an enlightening experience for students, faculty, and enthusiasts alike.

Dr Rafeeq explored the role of neurotransmitters such as dopamine, serotonin, and norepinephrine in regulating mood and emotions. He discussed how imbalances in these biochemicals can contribute to mental health disorders.

Dr Rafeeq actively engaged with the audience, addressing questions on specific neurotransmitters, hormonal influences, and the evolutionary aspects of emotional responses. The lecture by Dr. Mohammed Rafeeq APM successfully achieved its objectives by shedding light on the intricate chemistry of emotions. The event showcased the department's commitment to fostering interdisciplinary perspectives and promoting a holistic understanding of biochemistry in real-world contexts.

Participants

CLN	1
Sl.No.	Name
1.	FAHMIDA K T
2.	FATHIMA FIDA. M. P
3.	FATHIMA FIDA P C
4.	FATHIMA SHAMNA.K
5.	HISANA THESNIM P
6.	JASNA M P
7.	JUMANA THASNI K T
8.	MEHATHAB KUMMALI
9.	AYSHA FAHMA N P
10.	FATHIMA FIDA M
11.	FATHIMA NIYA MN
12.	LENA FATHIMA VK
13.	NIDA AFNA P
14.	NIHLA.MT
15.	SAFA . M
16.	MUHAMMAD YASEEN
17.	DILSHIDA
18.	FATHIMA FARSANA KP
19.	FATHIMA NIHLA P
20.	NAJIYA N P
21.	NASLA C P
22.	SANA SHOUKKATH ALI
23.	SHIBIN NISHAD.P
24.	AYISHA
	SHAKIRA V
25.	FATHIMA
	HAFLA T
26.	FATHIMA

	HIBA P
27.	HASNA K
28.	MUHSINA K
29.	NABEELA
	SHERIN P
30.	NIDHA HAIFA
	AC
31.	RUSHDA A
32.	SAHLA C T
33.	SHAMLA
	THASNI T P
34.	SHANA
	YASMIN K
35.	HASHIM
	BADUSHA K
36.	MOHAMMED
	AMEEN C K
37.	MOHAMMED
	SHAMEEM V
38.	MUHAMMED
	NIHAL C
39.	MUHAMMED
	UMMAR K
40.	DIYA
	SALEEM T K
41.	FATHIMA
	SHABNA K P
42.	NAFIYA
	BENZY N C
43.	NAYANA M K
44.	MUHAMMED
	DANISH
45.	AYSHA NANA
	PVC
46.	FATHIMA
	AMRIN
47.	FATHIMA
	HANAN PT
48.	FATHIMA

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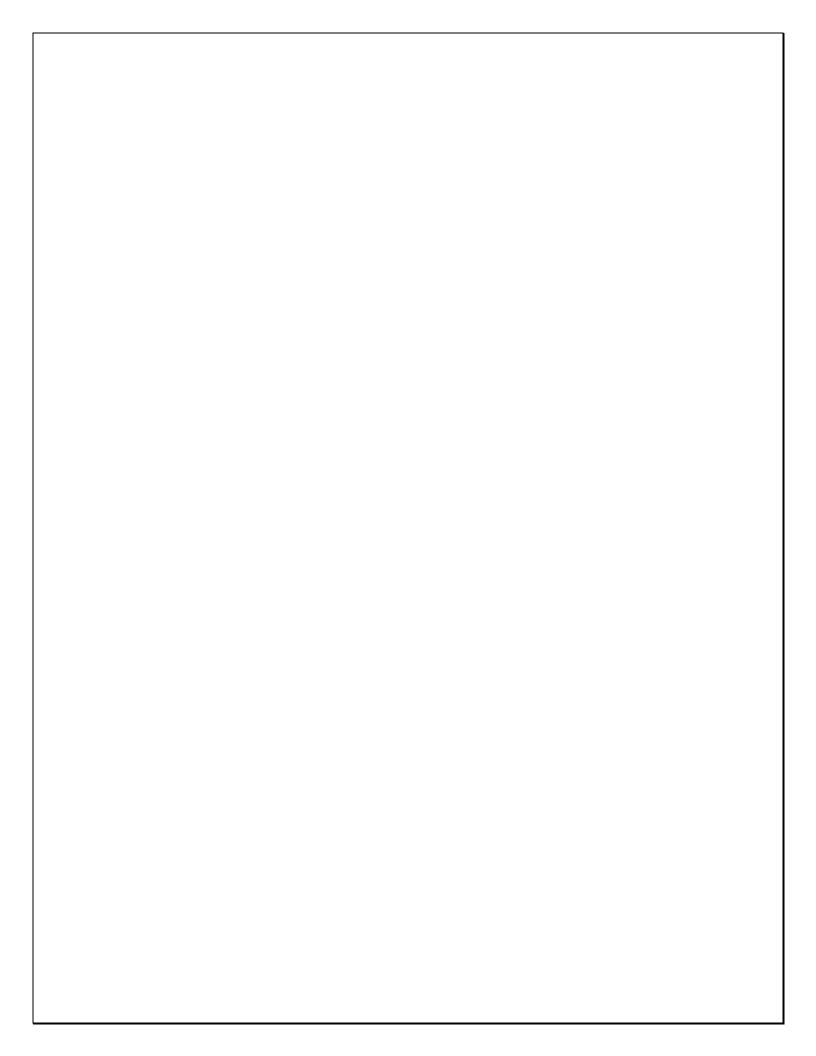


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REPORT ON

HARMONY AGAINST HARM

STRATEGIES FOR A DRUG-FREE SOCIETY

ORGANIZED BY DEPARTMENT OF BIOCHEMISTRY IN ASSOCIATION WITH JEEVANI & ANTI NARCOTIC CELL E.M.E.A. COLLEGE OF ARTS AND SCIENCE 128 NOVEMBER 2023



DEPARTMENT OF BIOCHEMISTRY EMEA COLLEGE OF ARTS AND SCIENCE, KONDOTTY

(Re-accredited with ' A' Grade by NAAC)

IN ASSOCIATION WITH JEEVANI & ANTI-NARCOTIC CELL





Speaker:

Gadha M Das

(Vimukthi District Coordinator Malappuram)

2023 TUESDAY O AUDIO VISUAL THEATRE

The Department of Biochemistry, in collaboration with the Anti-Narcotic Cell and Jeevani, organized a seminar titled "Harmony Against Harm" on 28th November 2023 11.30 a.m at Audio Visual Theatre to address the critical issue of drug abuse and promote strategies for building a drug-free society. The seminar featured Ms. Gadha M Das as the resource person, bringing expertise and insights into the fight against narcotics. Ms Gadha is the Malappuram District Coordinator of Vimukthi.

The seminar aimed to raise awareness, educate the public, and discuss effective strategies to combat drug addiction. The increasing prevalence of drug abuse has become a pressing concern, necessitating a collective effort to combat its detrimental effects. The collaborative initiative between the organizing entities underscored the importance of partnerships in tackling societal challenges.

Dr T Krishnakumar, Head of department of Biochemistry felicitated and chair the discussion with audience.The seminar "Harmony Against Harm" successfully addressed the multifaceted challenges of drug abuse. The collaboration between the Anti-Narcotic Cell, Jeevani, and Ms. Gadha contributed to a comprehensive understanding of the issue and the formulation of practical strategies for a drugfree society.

Participants

SI.No.	Participant list
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5.	ANUPRIYA C P
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7.	AYSHA NANA
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	YASMIN K
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DEPARTMENT OF BIOCHEMISTRY HARMONY AGAINST HARM- STRATEGIES FOR DRUG FREE SOCIETY ATTENDANCE 28 NOV 2023

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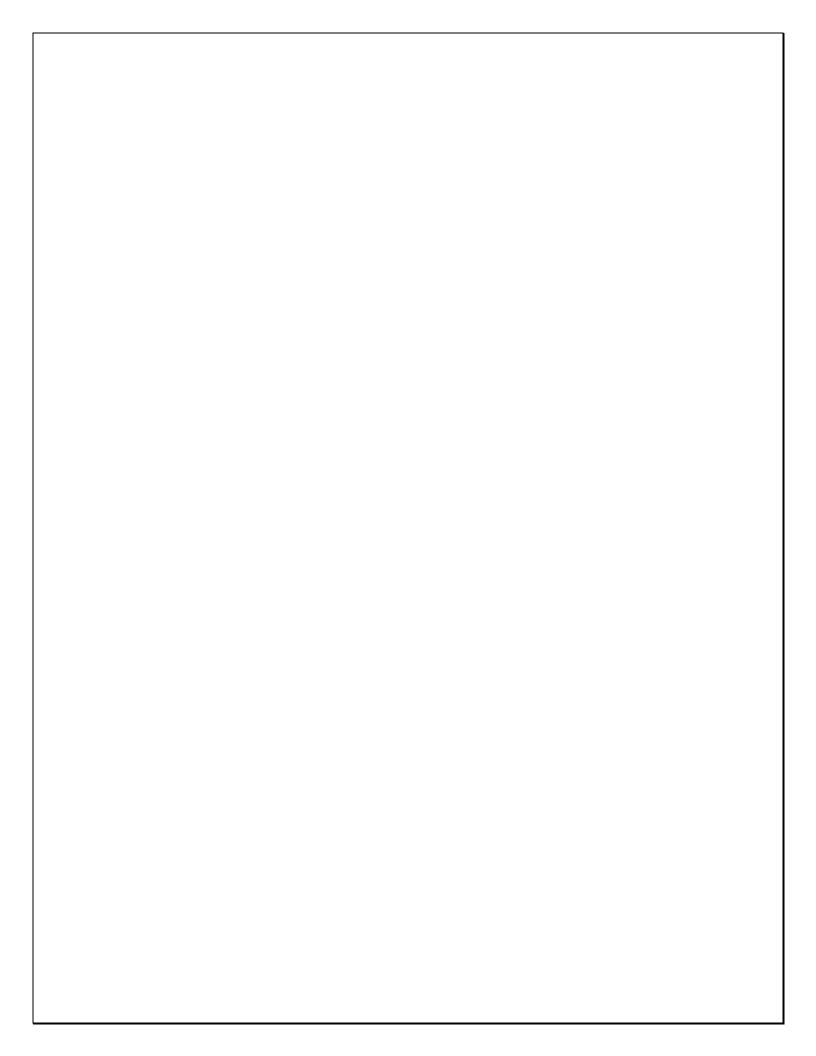
DEPARTMENT OF BIOCHEMISTRY HARMONY AGAINST HARM- STRATEGIES FOR DRUG FREE SOCIETY ATTENDANCE 28 NOV 2023

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REPORT ON LIFE SKILL SERIES TRAINING ON STRATEGIES FOR PROMOTING MENTAL HEALTH AND WELL BEING

ORGANIZED BY **COLLEGE COUNSELING CENTRE** E.M.E.A. COLLEGE OF ARTS AND SCIENCE 27 SEPTEMBER 2023



COLLEGE COUNSELING CENTRE

IN ASSOCIATION WITH

JEEVANI

LIFE SKILLS SERIES

STRATEGIES FOR PROMOTING MENTAL HEALTH AND WELL-BEING



Ms Keerthana (Clinical Psychologist)



v

EMEA COLLEGE OF ARTS AND SCIENCE, KONDOTTY (Re-accredited with ' A' Grade by NAAC)

Coordinator : NK Zaheera Banu

In association with Jeevani Programme, Higher Education, Government of Kerala, EMEA College Counseling centre organized a life skill training session entitled Strategies For Promoting Mental Health And Well Being to equip students with the ability to improve mental health . The training was conducted on 27th of September 2023. Ms Keerthana, clinical psychologist was the resource person.

The session was held in Audio Visual Theatre at 11.30 a.m. The programme was coordinated by Ms N. K. Zaheera Banu.

The welcome speech was delivered by Ms N K Zaheera Banu. Ms Keerthana interacted and explained the importance of maintaining good mental health. She explained strategies to promote it and to identify the peer among students who have issues regarding mental health and how to support them.

The students interacted and shared their personal experiences.

In overall, the session was fruitful and gained positive feedback.



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NATIONAL NUTRITION WEEK

September 1 to 7

Theme: Healthy Diet Going Affordable for All

REPORT



Organized on 04.09.2023

Room No. S3

1.30PM

By



DEPARTMENT OF BIOTECHNOLOGY EMEA COLLEGE OF ARTS AND SCIENCE

Re-accredited with 'A' grade by NAAC (Aided, affiliated to University of Calicut) KONDOTTY, P.O. KUMMINIPARAMBA MALAPPURAM (DIST), PIN. 673 638

REPORT

National Nutrition Week in India is an annual event that is observed from September 1st to September 7th. This week-long campaign is organized by the Government of India to raise awareness about the importance of nutrition and its role in leading a healthy and productive life. The primary goal of National Nutrition Week is to promote better nutrition practices, especially among children and mothers, and to address malnutrition-related issues in the country.

During National Nutrition Week, various activities and programs are conducted across the country to educate people about the significance of a balanced diet, the importance of breastfeeding, the need for micronutrients, and ways to prevent malnutrition. These activities are often carried out in schools, healthcare facilities, and community canters.

The week also serves as a platform for launching and promoting government initiatives and programs related to nutrition, such as the Integrated Child Development Services (ICDS) and the National Health Mission (NHM). Themes for National Nutrition Week vary from year to year, focusing on specific aspects of nutrition and health. It is an important occasion for health professionals, government agencies, nongovernmental organizations (NGOs), and the public to come together to address nutrition-related challenges and work towards improving the nutritional status of the Indian population. This year, the theme of the nutrition week is "Healthy Affordable Diet for All".

Overall, National Nutrition Week plays a crucial role in creating awareness about the importance of nutrition, especially among vulnerable populations, and contributes to the country's efforts to combat malnutrition and promote better health and well-being for all.

The Department of Biotechnology, EMEA College of Arts and Science observed National Nutrition Week 2023 on 4th September 2023. As part of the observation department has conducted quiz competition. 28 students participated in the programme and most of them secured above 40% score. Riha got first prize. Ms. Rameesa K, Assistant Professor, Department of Biotechnology was the quiz master.

NATIONAL NUTRITION WEEK

September 1 to 7

Theme: Healthy Diet Going Affordable for All





Quíz Competition 04.09.2023

Room No. S3

Organised by

DEPARTMENT OF BIOTECHNOLOGY EMEA COLLEGE OF ARTS AND SCIENCE KONDOTTY, KERALA

Flyer of the programme





Witamin Bet 2 September 1 to 7 3 1000 Kalorine 4-Healthy diet affordable to all 6 Calciums 4 Vitamic C Riha 1 NJSIMP INME, 1 wh r vitamin D

Answer scripts of the Toppers



Topper: Riha

LIST OF PARTICIPANTS

- 1. Athulya K
- 2. Safa. V.P
- 3. Fathima Nafla.P
- 4. Fathima Hanoona K
- 5. Fathima Dilsha Ak
- 6. Dilruba Nk
- 7. Ayisha Nafla
- 8. Asna P
- 9. Fathima Henna Pv
- 10. Fathima Hiba
- 11. Fathima Wafiya
- 12. Hamna.C
- 13. Haneena M
- 14. Mahsooma.Rv
- 15. Mohammed Rashid Kainikkara
- 16. Muhammed Adhil.K
- 17. Suhana
- 18. Shifna.K
- 19. Shahna Tv
- 20. Sahna Pm
- 21. Riha Fathima K
- 22. Nehla N
- 23. Muhammed Nihad
- 24. Muhammed Ansal K
- 25. Muhammad Niyas Pt
- 26. Sona S N
- 27. Fathima Fidha. K
- 28. Fidha Farhan.K

PG DEPARTMENT OF MICROBIOLOGY

IN ASSOCIATION WITH

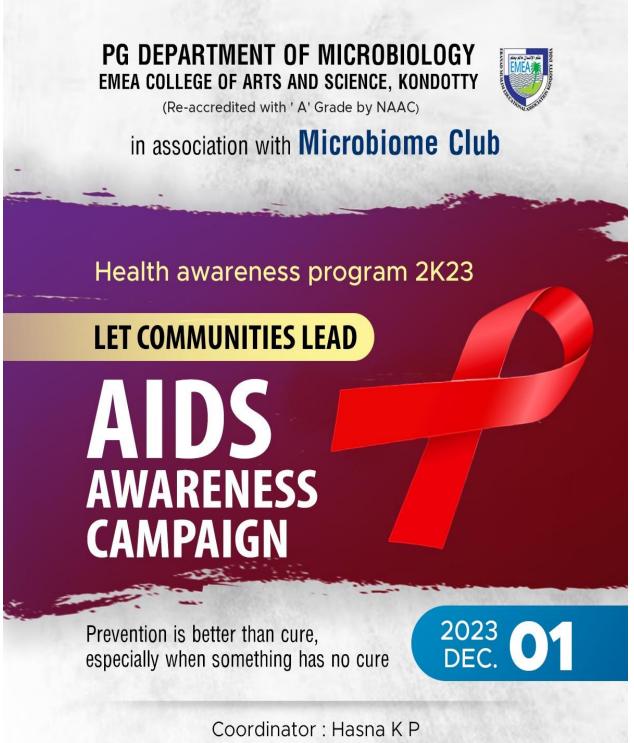
MICROBIOME CLUB



REPORT OF HEALTH AWARENESS PROGRAM

SL.No	CONTENTS
1	BROCHURE
2	INTRODUCTION
3	OBJECTIVES
4	PROGRAMME DESCRIPTION
5	PARTICIPANTS
6	PHOTOS

1. BROCHURE



Student coordinator : Abhinav T H

REPORT OF HEALTH AWARENESS PROGRAM 2. INTRODUCTION

Health awareness campaigns inform people and communities about the warning signals and potential consequences of medical conditions. In addition, health awareness encourages students to take symptoms seriously and assists them in locating resources and qualified medical professionals who can address their health issues.

World AIDS Day, designated on 1 December every year since 1988, is an international day dedicated to raising awareness of the AIDS pandemic caused by the spread of HIV infection and mourning those who've died of the disease. The day observes a new theme every year and in 2023, the theme is "Let communities lead". This year, the World Health Organisation (WHO) highlighted that communities living with, and affected by, HIV, and youth leaders have been, essential for progress in the HIV response. So, our aim is to aware people about preventive measures to be taken to avoid the infection since there is no complete cure for the disease about the tests available for early diagnosis. It is also necessary to encourage good behaviour towards the HIV patients.

3. OBJECTIVES

- > To improve the health of the individual and community level.
- ➤ To reduce the incidence of disease.
- To raise awareness regarding the Human Immuno Deficiency Virus.
- To raise awareness regarding various prevention method of AIDS disease.
- Awareness raising brings behaviour change towards diseased patients

4. PROGRAMME DESCRIPTION

To succeed the above aims, Microbiome club & PG Department of Microbiology organized an awareness program related to AIDS on December 1st 2023. The program enlightened the students engaged about the cause and prevention of the disease.

All teaching staff of the department wore a red ribbon to the classes to pass the message. A team of students containing 2 or 3 members from each class of the Microbiology department went on class campaign. Abhinav, Microbiology association secretary and Hanna, 2nd year PG microbiology student delivered a speech on the disease. The students were taught about the cause of the disease, condition caused by the disease, the ways it transmit and the preventive measures to be taken to avoid the infection. Hanna gave a detailed lecture on how to test for infection for early diagnosis and treating it early to avoid the fatal conditions.

5. PARTICIPANTS

SL. NO	NAME	CLASS
1	ANANYA K K	3 rd YEAR B.Sc MICROBIOLOGY
2	ARYASREE K	3 rd YEAR B.Sc MICROBIOLOGY
3	ASHWAG C H	3 rd YEAR B.Sc MICROBIOLOGY
4	FAHEEMA	3 rd YEAR B.Sc MICROBIOLOGY
	SRAMBIKKAL	
5	JEMSHEENA SHARIN	3 rd YEAR B.Sc MICROBIOLOGY
6	JIFNA MOIDEEN	3 rd YEAR B.Sc MICROBIOLOGY
7	MUBEENA	3 rd YEAR B.Sc MICROBIOLOGY
8	NADHA FATHIMA P	3 rd YEAR B.Sc MICROBIOLOGY
9	NASEERA BANU K	3 rd YEAR B.Sc MICROBIOLOGY
10	SANILA K	3 rd YEAR B.Sc MICROBIOLOGY
11	SREEYUKTHA K	3 rd YEAR B.Sc MICROBIOLOGY
12	ABHINAV T H	3 rd YEAR B.Sc MICROBIOLOGY
13	SHAMNA	1 st YEAR B.Sc MICROBIOLOGY
14	FATHIMA RIDHA	1 st YEAR B.Sc MICROBIOLOGY
15	FATHIMA FARHANA M	1 st YEAR B.Sc MICROBIOLOGY
16	SHABANA KURIKKAL	1 st YEAR B.Sc MICROBIOLOGY
	M.P	
17	RIYA HANA	1 st YEAR B.Sc MICROBIOLOGY
18	FATHIMA SHIFNA	1 st YEAR B.Sc MICROBIOLOGY
19	HANNATH	2 nd YEAR M.Sc MICROBIOLOGY
20	FATHIMA INAS	2 nd YEAR M.Sc MICROBIOLOGY
21	AHLAM	2 nd YEAR M.Sc MICROBIOLOGY
22	FATHIMA MINHA	1 st YEARM.Sc MICROBIOLOGY
23	RIFA NAZER	1 st YEARM.Sc MICROBIOLOGY
24	ABDUL HASEEB	1 st YEARM.Sc MICROBIOLOGY
25	JUNAID	1 st YEARM.Sc MICROBIOLOGY

6. PHOTO GALLERY











Following lunch at 2:00 pm, microbiology students assembled in front of the college, forming a red ribbon, and giving a speech to raise public awareness of all the topics covered in the class campaign. Mrs. Hasna K. P. coordinated the smooth running of the entire club activity.



In association with IQAC

EMEA COLLEGE OF ARTS AND SCIENCE KONDOTTI

BIOSAFETY AND BIOSECURITY A LECTURE WORKSHOP



Re-accredited with 'A' Grade by NAAC



BIO SAFETY AND BIO SECURITY A LECTURE WORKSHOP

2024 05 @ SEMINAR HALL

Resource person:

Muhammadali Jauhar

Scientist -B Virus Research and Diagnostic Laboratory (VRDL) Govt, Medical College, Manjeri

Coordinator: Rasheeda E.V

POST GRADUATE DEPARTMENT OF MICROBIOLOGY

Dr. SHIJI THOMAS HOD, Dept. Of MICROBIOL(E.M.E.A. COLLEGE OF ARTS & S KONDOTTY, MALAPPURAM, Pin:

In association with IQAC EMEA COLLEGE OF ARTS AND SCIENCE KONDOTTI REPORT ON THE LECTURE WORKSHOP BIOSAFETY AND BIOSECURITY

MARCH 5th-2024

Post graduate department of microbiology, conducted a lecture workshop on **Biosafety and Biosecurity** held at 5th March 2024 at seminar hall. The program was organised by the coordinator Ms. Rasheeda EV. The welcome speech was given by Ms. Hasna K P. The program was inaugurated by Dr. Shiji Thomas, HOD of Microbiology. Presidential address was delivered by Rasheeda E.V. The next section was held by Mr. Muhammad Ali Jauhar (Scientists B, virus research and diagnostic laboratory (VDRL) government Medical College Manjeri) resource person of the program. 50 students were participated in the session. The aim of this program is to raise, awareness about lab safety and ideas about lab equipments.

OBJECTIVES

• Raising awareness of risk

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- Implementation of graded levels of protection based on risk management.
- Keep a check on harmful biological agents, toxins chemicals and radiation.
- Biosafety measures have gained importance to ensure public and environmental safety.
- To prevent loss, theft or misuse of microorganisms, biological materials and research related information.

OUTCOME

- > To protect against risks posed by diseases and organisms.
- The students should be made aware of the rules, regulations and monitoring bodies.

- To prevent the unintentional or accidental release of specific biological agents and toxins.
- Provides policies to prevent the intentional or negligent release of biological materials or the acquisition of knowledge, tools, or techniques that.

Apart from this, a detailed class and presentation were given on how to use and remove a PPE kit. The class was really interesting and engaging. The program ended with a vote of thanks delivered by Hannath T K (Msc Microbiology 2nd year student).

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BIOSAFETY AND BIOSECURITY

A LECTURE WORKSHOP

March 05 2024

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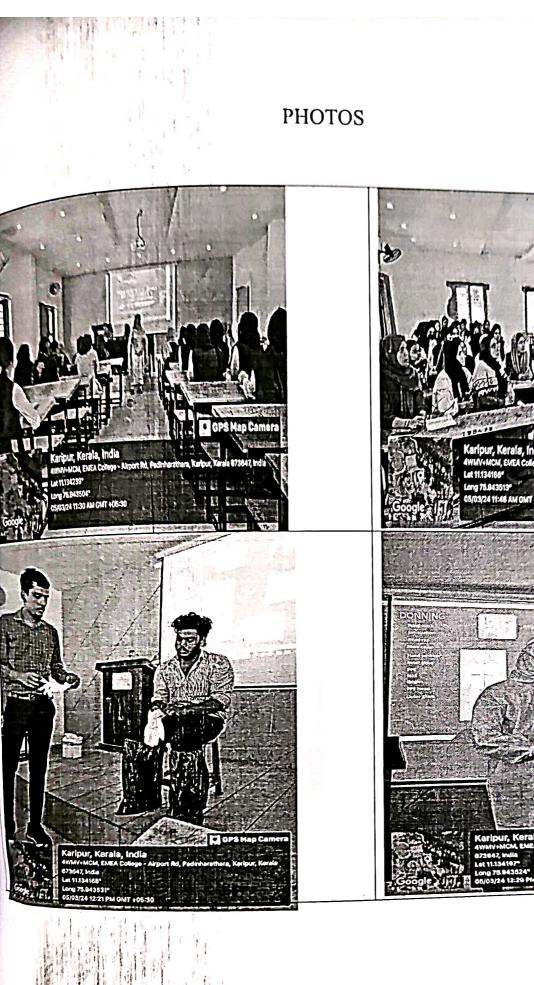
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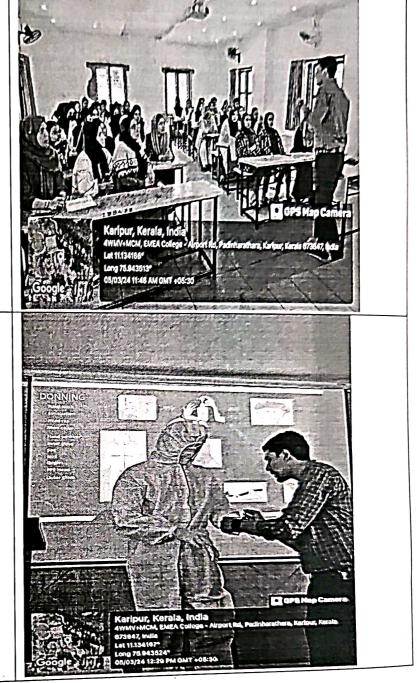
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